

Don't
listen



to
him!



**WHAT'S THAT
VOICE IN YOUR
HEAD SAYING NOW?**
DISCOVER HOW YOUR
INNER CRITIC OR INNER
CHILD CAN HELP YOU
WRITE DIALOGUE.

**FRIDAY NIGHT
COMICS WITH
JON CLAYTOR**
1 HOUR 30 MIN.
FEBRUARY 13th
7PM EST. ≈
SEQUENTIAL ≈
ARTISTS ≈
WORKSHOP



we are
here to
help!



Thanks for coming to a SAW Friday Night Comics Workshop!

WHAT'S THAT VOICE IN
YOUR HEAD SAYING
NOW?

This workshop was led by
JON CLAYTOR

<https://www.jonclaytor.com/>
[https://www.instagram.com/
jon_claytor_art/](https://www.instagram.com/jon_claytor_art/)

On February 13, 2026

Contributors in order of appearance:

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Mary Owen (2)
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Elliot
Jamie Scandal
Michael Woo
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Next workshop → [https://
sequentialartistsworkshop.org/freefnc](https://sequentialartistsworkshop.org/freefnc)

You can also join hundreds of people sharing their
work at our free members site:

… [https://members.sawcomics.org/share/
F6BBQeyGUGE0g-Qk?utm_source=manual](https://members.sawcomics.org/share/F6BBQeyGUGE0g-Qk?utm_source=manual)

We hope you'll share your work on social media
with the hashtag #fridaynightcomics . Please tag us
@comicsworkshop

Thanks so much for being here!

You can support us on:

… Zeffy: <https://bit.ly/donateSAW>
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THERE IS NO POINT

THERE HAS TO BE.



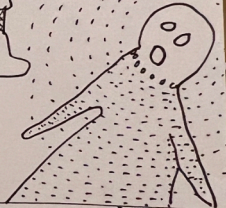
I'M ALL ALONE NO ONE

WOE IS ME



No way!

NEVER FEAR!
I'm Here to help you!



I'M AGINE ME
Holding you.
I'm going to
protect you.

Yeah
Right

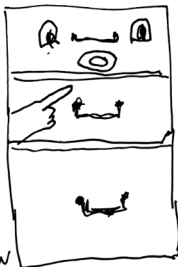
I've heard
that before



THE LIBRARIAN
SHE CATALOGS
EVERYTHING
& KNOWS HOW
TO FIND EVERYTHING
YOU'VE EVER DONE

THE CAT-STRIPED
FACE MASK (F) FELINE
FREE SPIRIT WHO
BLEPS THE LIBRARIAN
& TAKES ADVENTURES
ALL OVER THE
UNIVERSE

I remember when you got
stuck up there...



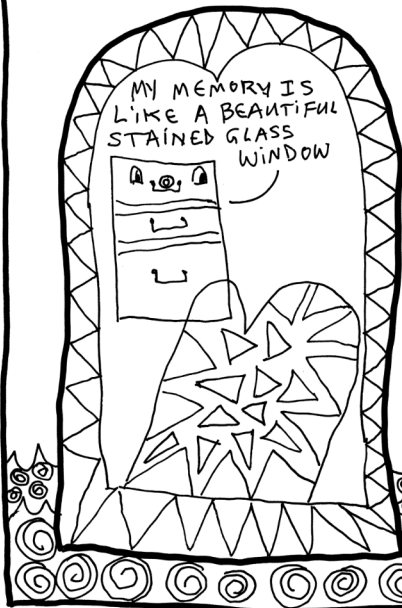
LIBRARIAN

STAYS IN ONE PLACE
AFRAID OF MISTAKES
WANTS BALANCE
FAST MEMORY
GIANT, LIBRARIAN
SOUNDS LIKE
SLOW TALKER SOUNDS
LIKE A 45 RECORD
PLAYED AT 33.



CAT
TRAVELS EVERY-
WHERE
AFRAID OF THE
LIBRARIAN
WANTS
FREEDOM AND FUN
FAST ESCAPEE
SLOW TO REMEMBER MIS-
TAKES
CRAVES A BEST FRIEND
TO PLAY WITH

SUZIE-Q

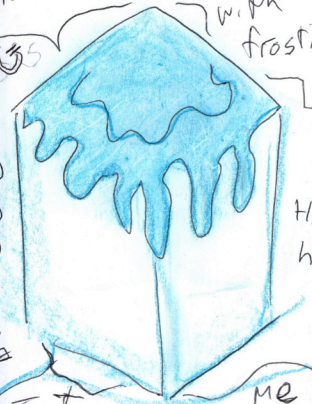




"JOKER / LOVER"

Haha Now I'm covered with frosting


INNER DIALOGUES



Ha ha

Eat ME

"Aware-of-society girl"




I have been mocked quite enough.

Will you be either a cube or a cake?

Pick one and stick with it!

Often, funny characters are famous and make their creators RICH



I'm listening...

Whoops I'm melting

Haha

FAAAA

SRROOOO

Sticky lick



Whee

SHEESH -Byee-

Kate Moon

There's a gorgeous
Flower festival
across town -
want a lift?



No thanks, I've
got this potted
plant, and am
loving this book



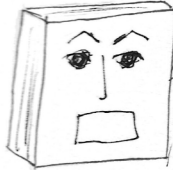
Come on...
you've
been reading
all day.
It will be
fun!



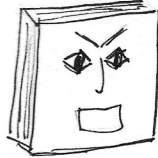
Noooo look at the
mess you've made!
Your fur is my plant's
funeral.



My books
have never
betrayed
me so.
I banish
thee!



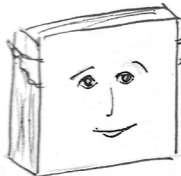
you're irresponsible!
 you didn't do any chores!
 Keep your mind on your WORK!



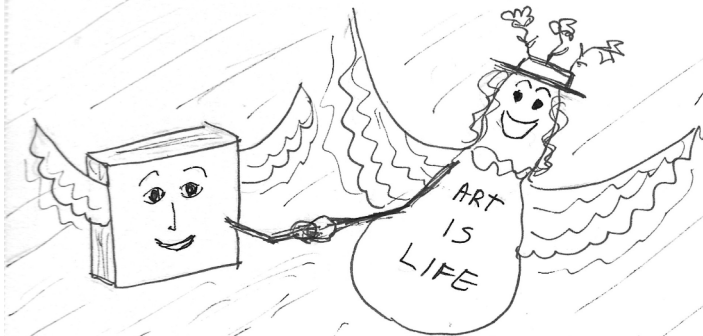
You're NOT listening to me!



DIALOGUE



that would be...
fun...



Millman 8-26

HEY, CLOWN!
PLEASE TAKE
OVER. I'M TIRED



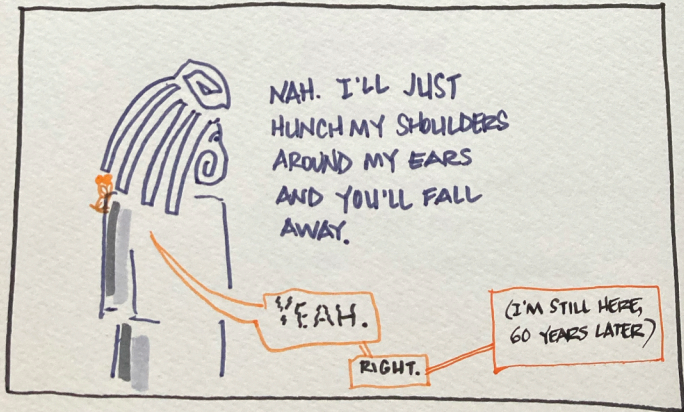
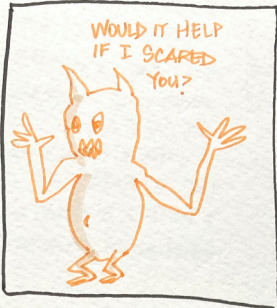
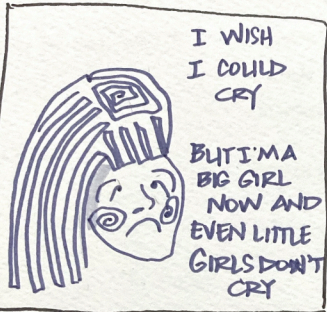
GOOD! I GOT
ALL KINDS A
SILLY IDEAS! MAMA
TEA!

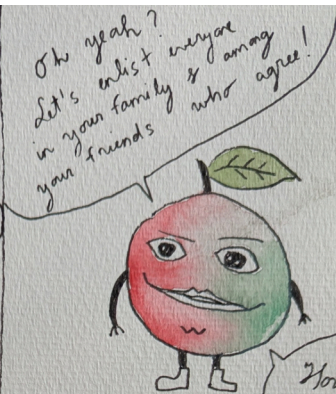


PBBBBFT!
BULLIES!

STILL
GOT 'EM
FOR YA



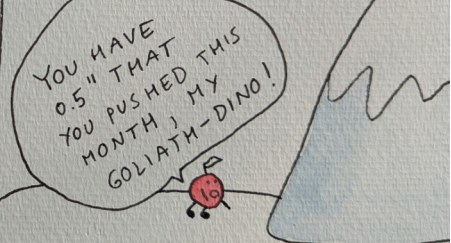




Turns out, the inner jester is a critical one. *dikey sarcasm.*

"How many people is that?"
Two? One?
Two?

The rebel continues doing what she does best...



It's clear that inner rebel is overambitious

And the inner jester is not as funny as she thinks she is.

i just got
a huge
promotion

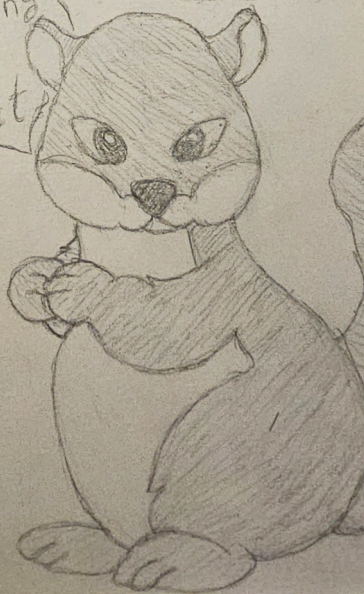


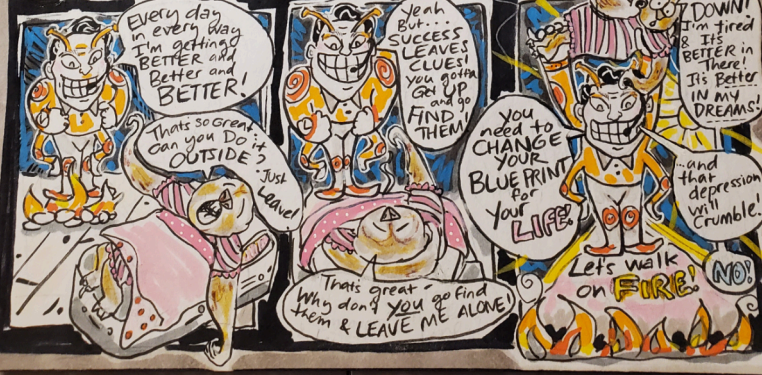
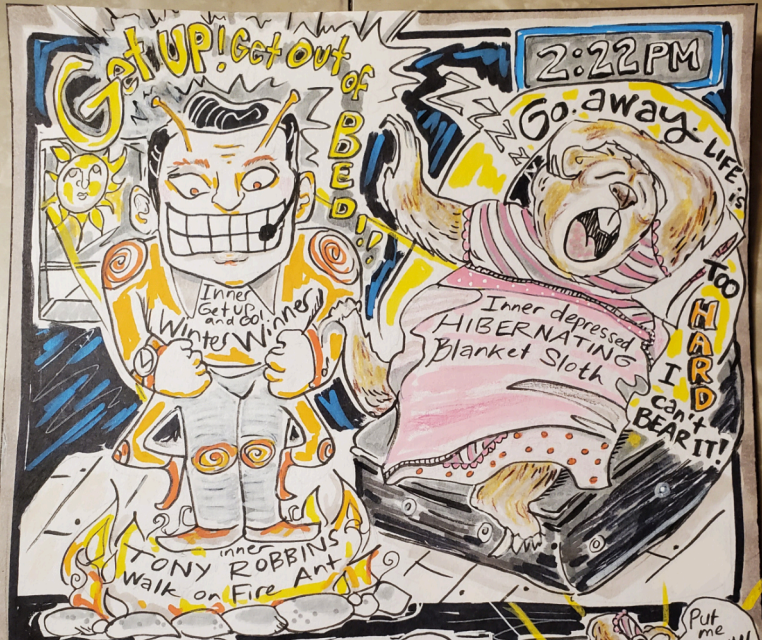
fat people
are less likely
to get hired



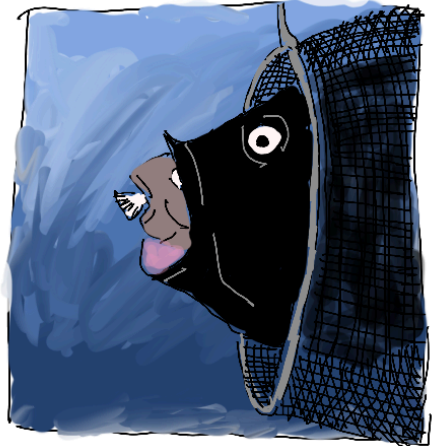
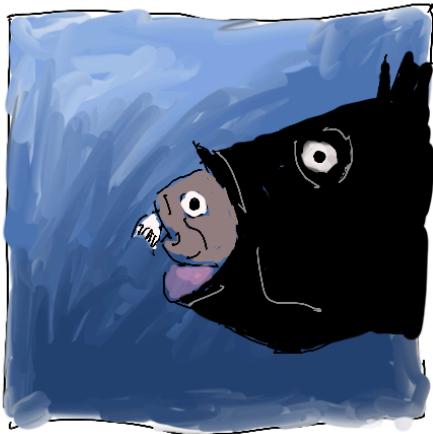
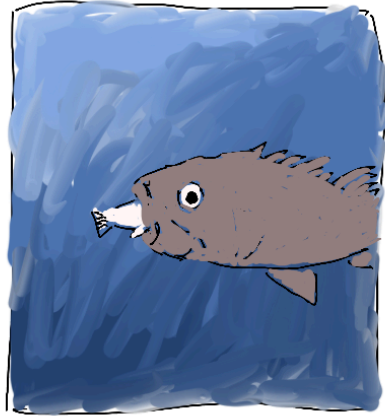
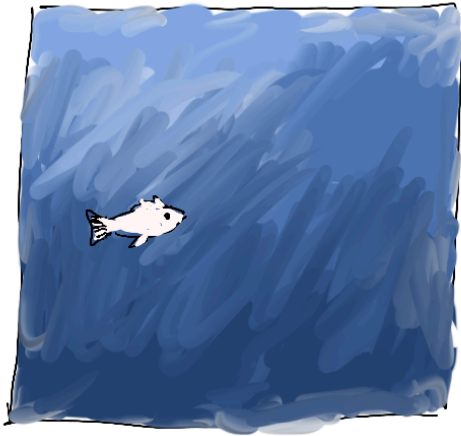
i lose sleep worrying
about you having a
heart attack
because you're fat

i'm going
to travel
the world





SURVIVAL OF THE FISHES



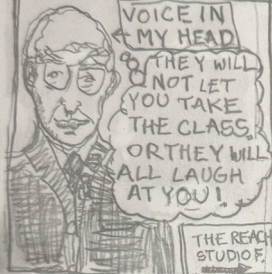
Michael Woo 15 January 2026

66 THE VOICE IN MY HEAD AT THE ART BEGINNER'S
MASTERCLASS

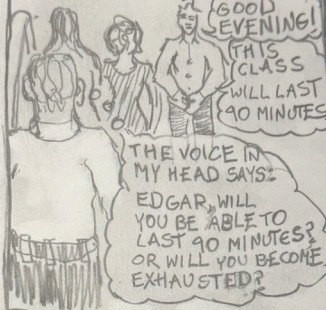
WRITTEN, DRAWN AND © 2026
BY EDGAR FARR SELL III
FEBRUARY 13, 2026

SAN FRIDAY NIGHT COMICS
"THAT VOICE IN YOUR HEAD"
WITH GUEST ARTIST JONCLAY HOOT

XIOMARA TOLD ME
TO WEAR LOOSE-
FITTING CLOTHING.
BUT I SHOW UP WEAR-
ING SUIT AND TIE!



I TAKE OFF MY JACKET, TIE,
AND SHOES AND JOIN ABOUT
30 WOMEN AND ONE MAN.
THE INSTRUCTOR IS ETHAN.



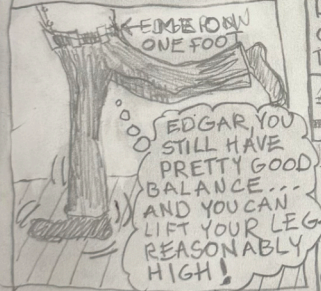
ETHAN BEGINS
TO GO THROUGH
ALL THE MANY
POSITIONS...



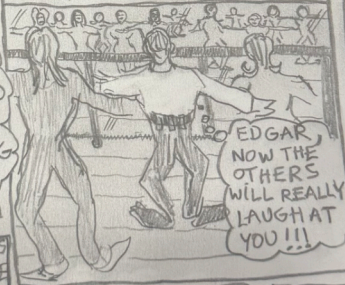
I DON'T
HAVE THE
EXPERIENCE
TO KEEP UP
OR TO
EXECUTE THE
MOVEMENTS
PROPERLY!

THAT VOICE IN
MY HEAD AGAIN...

THEN I MAKE A SHIFT
IN MY THINKING...



THE INSTRUCTOR NOW
DIVIDES US INTO GROUPS
OF FOUR TO EXECUTE
THE FLIES AND THE CHASSES.



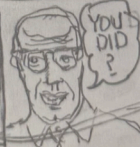
FINALLY, ETHAN
HAS US DO
JETES. I'M
IN A LINE AS I
RUN AND JUMP



THE MOST AMAZING THING IS
AFTER CLASS ENDS, THREE
OR FOUR YOUNG WOMEN
COME UP TO ME...



DID YOU KNOW
WE WATCHED
YOU THE
WHOLE TIME!



WE LOVED YOUR
ENERGY AND
SPIRIT!

WE TOOK SELFIES.
I HAVE A NEW
FAN CLUB!!!

FNC w/ Jon Claytor 2/13/26
"Take the Long Way Home" - book
- sketchbook residency in Nova Scotia
New book: "Nowhere"



inner
hypochondriac
is an alligator

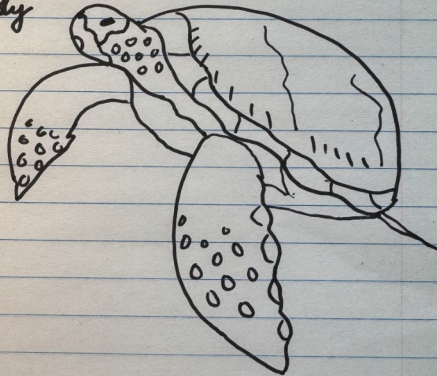
hypervigilant
trying to get me
to focus on
my body

trying to distract me from
existential qs on my
mind (i.e. retirement)

Not successful - only adds
to my anxiety

inner Buddha is a Turtle

stays calm
practices acceptance
moves slowly
and
deliberately

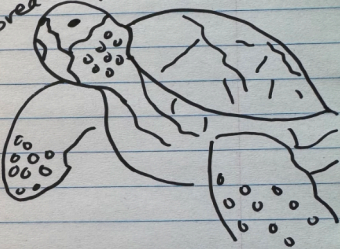


Why have I had such loose bowel movements for two weeks. I'm probably dying.

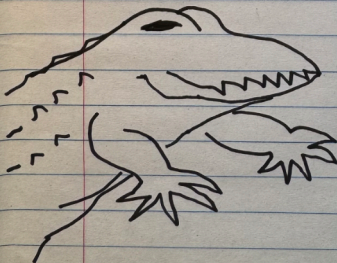


Let go of your anxiety. Accept the physical pain w/o adding psychic pain to it.

Breathe.

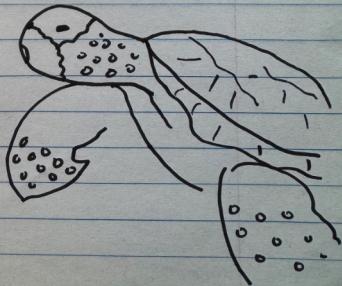


My doctor isn't returning my messages. Why not? Does she hate me?



You need to find another doctor.

Breathe. Accept. Let go.





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Workshop**

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Night Comics
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**sawcomics.org
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