## EXPLORING THE SELF AS BIRD





## W/ ROBERT JAMES RUSSELL





SEQUENTIAL ARTISTS WORKSHOP

Thanks for coming to a SAW Friday Night Workshop!

EXPLORING THE SELF AS BIRD

This workshop was led by ROBERT JAMES RUSSELL

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there is a pigeon who has been roosting in an empty planter on My talcony (in the Bronk).



The last couple of days
have been lovely and
I've been able to sit
outside. Pigeon (riage?)
does not fly away.
We can peacefully
co-exist

balony.
(I am
Not 100%
sure it's
always

the same pigeon.)

The state of the s

Sometimes I talk to him (her?). "Italy pidge, how's it going? You ohay? Year I to okay too. School's out and I feel a little lost. What is my purpose? Am I going to be one of those people who can't retill because she doesn't know what to do with herself "I'm retyrement?"



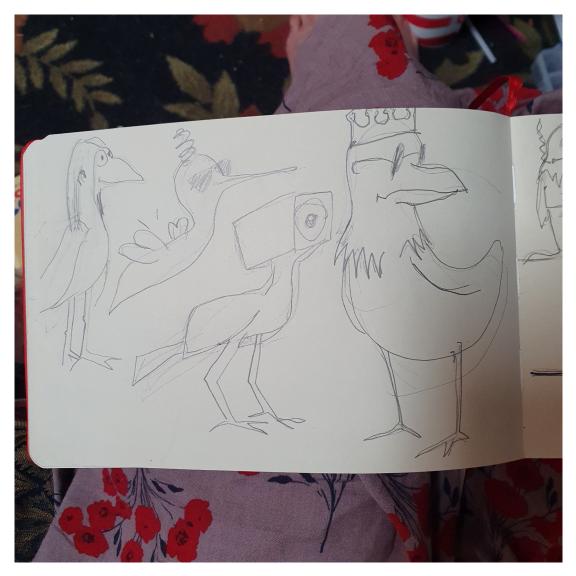
"Well actually
Pidge it's Not
that I don't
know what to
ao. I can thinh
a Lots to
a lo! The
queotion is

WITH I have

enough Money to do what I want to do? Now I realize that's part of the problem that many

people don't talk about. Hnyway, thanks for littening, Pidge. I appreciate it."

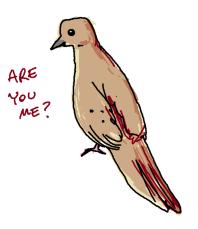
@ gailjaitin















# @GOODIEHOWE



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IT WAS MYGOTH FRIEND, COUNTESS LIZAH, WHO CONVINCED ME TO WRITE THREE DI AYS FOR HALLOWEEN PERFORMANCES FACH OF WHICH CONCERNED EDGAR ALLAN POE AND HIS BIRD EQUIVALENT THE RAVEN -- THE LASTENTITE THE LAST HAUNTED DAYS OF EDGAR ALLAN POED MARANGO



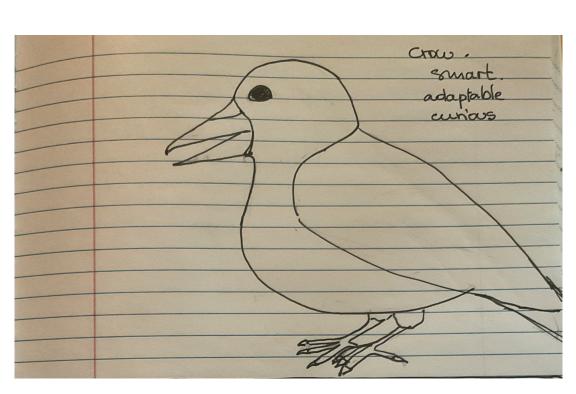
) IMADE MY MODERN DANCE DEBUT AT AGE 68-PERHAPS CHOREOGRAPH A DANCE AS A BIRD?

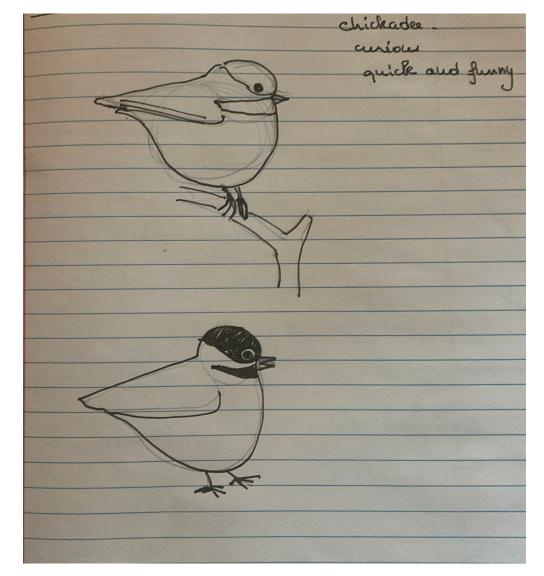
2 LEARN MORE ANIMAL COMMUNICATION ABILITIES FROM THE MOON PRINCESS --TVE SEEN BIRDS, LIZARDS, SPIDERS AND OTHER WILD ANIMALS COME UP TO HER

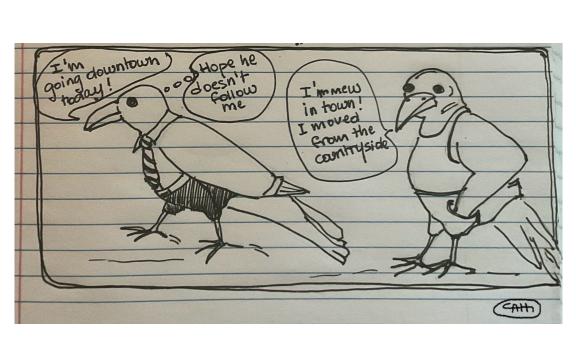
RECEIVE A PAST LIFE REGRESSION TO LEARN IF I WAS A BIRD AT ONE TIME

WRITTEN AND DRAWN BYED GAR FARR RUSSELL THE JUNE 28-30 2024 SAW FRIDAY NIGHT COMICS WITH GUEST ARTIST, ROBERT JAMES RUSSELL AND HOST, TON HART.















DOES ANYONE ACTUALLY SLEEP IN THE WEE HOURS OF THE MORNING?

