

SAW & A.G. MOORE PRESENT

INSTRUCTIONS  
for  
BECOMING!

COMICS AS  
SPELLS, RECIPES,  
& EQUATIONS

FRI JUNE 14TH

7PM EASTERN ON ZOOM



Thanks for coming to a  
SAW Friday Night  
Workshop!

## INSTRUCTIONS FOR BECOMING:

Comics as spells, recipes,  
& equations

This workshop was led by  
AMANDA MOORE

<https://www.instagram.com/theythemthou/>  
<https://www.whereisagmoore.com>

On June 14, 2024

Next workshop → <https://sawcomics.as.me/friday-night-comics>

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We hope you'll share your work on social media with the hashtag #fridaynightcomics . Please tag us @comicsworkshop

Thanks so much for being here!

You can support us on:

☺ PayPal: <https://www.paypal.me/comicsworkshop>

Contributors to this collection in order of appearance are:

Tara Black  
Gail Jaitin (2 pages)  
Ellen Beier  
Chris Seidel  
Cath Crane (2 pages)  
Umi Hagitani  
Edgar Russell III  
Jen Morris



A.G. MOORE

INSTRUCTIONS for EXAMING!

YOU WILL NEED:

- Pencil + Eraser
- Pens
- (2) Sheets of paper

#Friday night Comics

1 IF YOU WERE A CABINET What would we put inside you?

1. Hellboy action figure
2. Pens
3. (An endangered bird)
4. Seeds
5. (A hotdog)
6. socks
7. a tin of buttons
8. photos
9. comics
10. pencil sharpener

Silently read over the list

Circle three that really speak to you

How does it change the room its in? Can it die?

I think of estranged objects deaving apart or bringing together

Draw spirals just with your eyes

I'll ask some weird questions along the way to decentre our rational minds

Meditate it what shapes or voids may already be there

then undraw them

Negative Space can be a panel

PICK ONE PANEL THAT FEELS DIFFERENT - alter the edge so it stands out

ADD ONE LINE OF TEXT TO EACH PANEL AS IF THEY WERE STEPS IN A RECIPE / SPELL / EQUATION

on the blank page

I often draw panels by rearranging scrap paper

DRAW 5 PANELS LEAVE SOME SPACE ABOVE AND BELOW

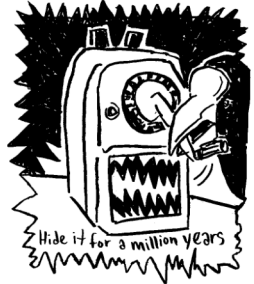
Panel 1: A character noticing the object in an environment.

Panel 2: Show who approaches who

Panel 3: Draw the moment of contact

Panel 4: Show us how they have changed

Panel 5: Show us how the surroundings have changed

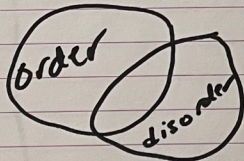


Friday Night Comics 6/14/24

"Instructions for Becoming" with AG Moore  
Amanda  
they/them/they

"If you were a cabinet, what would we put inside you?"

1. Mets memorabilia
2. books
3. albums - Joni Mitchell? Suzanne Vega  
Aimee Mann XTC
4. rain water
5. flowers
6. the color blue
7. TREES
8. birds
9. all creatures esp cats
10. chocolate + coffee





@gailjaitin



Ellen Beier SAW Friday Night Comics 6.14.24 A.G. Moore "Instructions for becoming"  
I fostered a kitten this week so I made this comic about him, at first a frightened little thing  
in the carrier... then slowly ventured out into the world ♥



prepare to be amazed



turn around 3 times and  
scream



make toast



open the window when  
it starts to rain



save it for  
tomorrow

Instructions for Becoming  
w/ Amanda Moore

If I was a cabinet  
what would you see?

c. Scidel  
14 June 24

1. Tape Recorder
2. Chef's Knife
3. Ukulele

OPEN YOUR EYES

ESTABLISH CONTACT

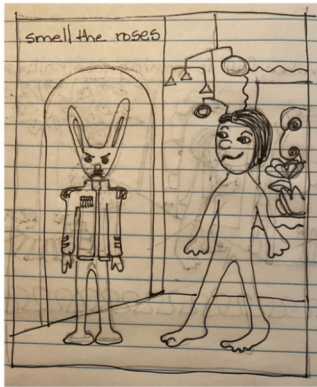
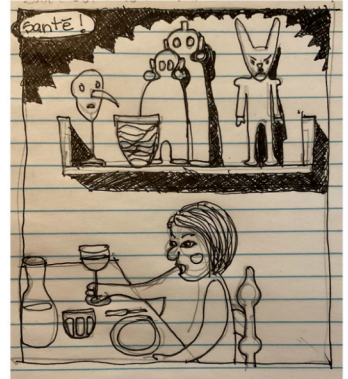
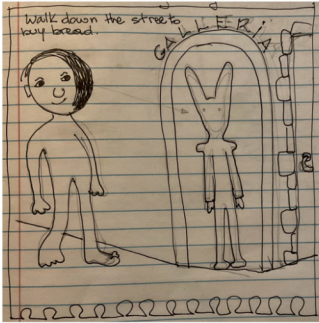
Flow  
Freely

Breathe

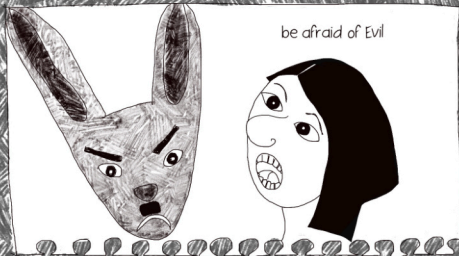
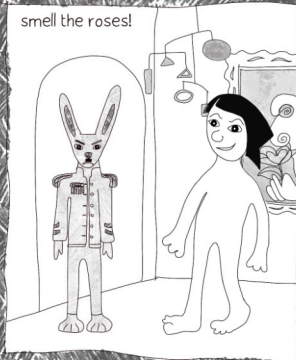
and smile

Forever in Bloom

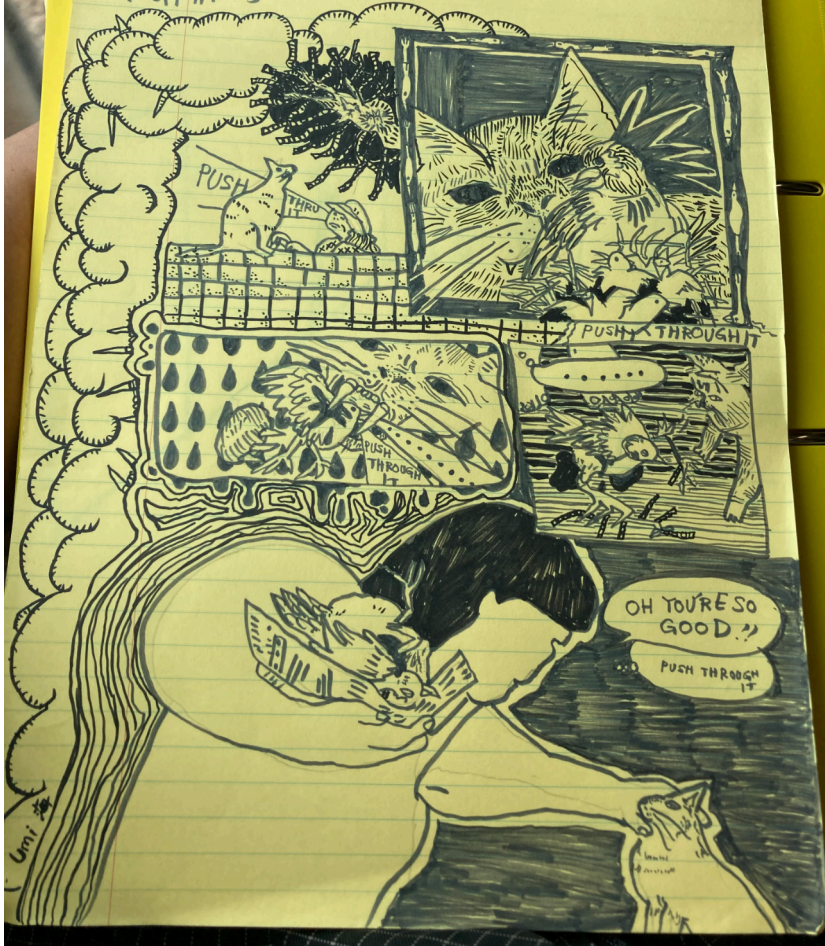








20240614 #fridaynightcomics



umi

OH YOU'RE SO GOOD!!

PUSH THROUGH IT





# A Recipe for BECOMING (Inspired by a prompt from A.G. Moore)

1. Take Stock of the Good and Bad in Your Life



2. Think of only the good things



3. Help a friend in need of your unique contributions.



4. If exhausted, help more.



Lather, rinse, repeat.



@jenmorrison





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